

Bensersiel 2025

Breite: 53° 40' N, Länge: 7° 35' E

| Tag | Januar | | | | Tag | Februar | | | |
|--------------|-----------|-------|-----------|-------|--------------|-----------|-------|-----------|-------|
| | HW - Zeit | | NW - Zeit | | | HW - Zeit | | NW - Zeit | |
| 1 Mi | 0:17 | 12:47 | 6:43 | 19:00 | 1 Sa | 1:27 | 14:10 | 8:09 | 20:21 |
| 2 Do | 0:56 | 13:32 | 7:27 | 19:41 | 2 So | 2:09 | 14:52 | 8:52 | 21:00 |
| 3 Fr | 1:37 | 14:17 | 8:11 | 20:20 | 3 Mo | 2:51 | 15:32 | 9:30 | 21:39 |
| 4 Sa | 2:18 | 15:01 | 8:53 | 21:01 | 4 Di | 3:33 | 16:11 | 10:03 | 22:17 |
| 5 So | 3:00 | 15:46 | 9:35 | 21:45 | 5 Mi ◐ | 4:17 | 16:51 | 10:36 | 22:53 |
| 6 Mo | 3:45 | 16:32 | 10:17 | 22:29 | 6 Do | 5:05 | 17:39 | 11:15 | 23:41 |
| 7 Di ◐ | 4:34 | 17:19 | 11:00 | 23:13 | 7 Fr | 6:06 | 18:45 | | 12:13 |
| 8 Mi | 5:27 | 18:15 | 11:50 | | 8 Sa | 7:25 | 20:05 | 0:57 | 13:35 |
| 9 Do | 6:31 | 19:21 | 0:12 | 12:53 | 9 So | 8:52 | 21:24 | 2:33 | 15:06 |
| 10 Fr | 7:46 | 20:31 | 1:30 | 14:09 | 10 Mo | 10:12 | 22:30 | 4:03 | 16:28 |
| 11 Sa | 9:03 | 21:38 | 2:55 | 15:27 | 11 Di | 11:18 | 23:26 | 5:15 | 17:32 |
| 12 So | 10:14 | 22:38 | 4:12 | 16:37 | 12 Mi ◐ | | 12:12 | 6:10 | 18:23 |
| 13 Mo ◐ | 11:19 | 23:33 | 5:18 | 17:36 | 13 Do | 0:12 | 12:55 | 6:52 | 19:05 |
| 14 Di | | 12:16 | 6:13 | 18:27 | 14 Fr | 0:51 | 13:30 | 7:29 | 19:40 |
| 15 Mi | 0:21 | 13:04 | 6:59 | 19:12 | 15 Sa | 1:25 | 14:00 | 8:03 | 20:10 |
| 16 Do | 1:03 | 13:46 | 7:42 | 19:52 | 16 So | 1:56 | 14:27 | 8:34 | 20:36 |
| 17 Fr | 1:41 | 14:24 | 8:23 | 20:26 | 17 Mo | 2:26 | 14:54 | 9:00 | 21:03 |
| 18 Sa | 2:16 | 14:57 | 8:57 | 20:57 | 18 Di | 2:57 | 15:21 | 9:23 | 21:27 |
| 19 So | 2:50 | 15:28 | 9:26 | 21:27 | 19 Mi | 3:27 | 15:46 | 9:42 | 21:44 |
| 20 Mo | 3:25 | 16:00 | 9:56 | 21:58 | 20 Do ◐ | 3:53 | 16:09 | 9:55 | 22:02 |
| 21 Di ◐ | 4:01 | 16:32 | 10:24 | 22:27 | 21 Fr | 4:25 | 16:46 | 10:17 | 22:42 |
| 22 Mi | 4:36 | 17:05 | 10:50 | 23:01 | 22 Sa | 5:20 | 17:52 | 11:14 | 23:59 |
| 23 Do | 5:19 | 17:51 | 11:28 | 23:51 | 23 So | 6:43 | 19:21 | | 12:46 |
| 24 Fr | 6:20 | 18:57 | | 12:31 | 24 Mo | 8:17 | 20:52 | 1:41 | 14:27 |
| 25 Sa | 7:36 | 20:14 | 1:06 | 13:50 | 25 Di | 9:41 | 22:05 | 3:21 | 15:54 |
| 26 So | 8:55 | 21:28 | 2:33 | 15:09 | 26 Mi | 10:48 | 23:01 | 4:38 | 17:03 |
| 27 Mo | 10:04 | 22:30 | 3:53 | 16:19 | 27 Do | 11:41 | 23:46 | 5:36 | 17:59 |
| 28 Di | 11:03 | 23:21 | 4:56 | 17:19 | 28 Fr ● | | 12:27 | 6:24 | 18:46 |
| 29 Mi ● | 11:54 | | 5:48 | 18:09 | | | | | |
| 30 Do | 0:04 | 12:40 | 6:35 | 18:55 | | | | | |
| 31 Fr | 0:45 | 13:25 | 7:22 | 19:40 | | | | | |

● Neumond ◐ erstes Viertel ◑ Vollmond ◒ letztes Viertel

Mitteuropäische Zeit

Bensersiel 2025

Breite: 53° 40' N, Länge: 7° 35' E

| Tag | März | | | | Tag | April | | | |
|--------------|-----------|-------|-----------|-------|----------------|-----------|-------|-----------|-------|
| | HW - Zeit | | NW - Zeit | | | HW - Zeit | | NW - Zeit | |
| 1 Sa | 0:28 | 13:10 | 7:11 | 19:30 | 1 Di | 2:34 | 15:05 | 9:13 | 21:30 |
| 2 So | 1:10 | 13:52 | 7:57 | 20:12 | 2 Mi | 3:20 | 15:43 | 9:49 | 22:04 |
| 3 Mo | 1:54 | 14:32 | 8:38 | 20:50 | 3 Do | 4:05 | 16:20 | 10:18 | 22:37 |
| 4 Di | 2:36 | 15:09 | 9:14 | 21:24 | 4 Fr | 4:50 | 17:01 | 10:46 | 23:14 |
| 5 Mi | 3:18 | 15:45 | 9:42 | 21:59 | 5 Sa ● | 5:40 | 17:50 | 11:23 | |
| 6 Do ● | 4:01 | 16:23 | 10:09 | 22:33 | 6 So | 6:43 | 18:59 | 0:03 | 12:24 |
| 7 Fr | 4:49 | 17:10 | 10:44 | 23:18 | 7 Mo | 8:04 | 20:25 | 1:17 | 13:51 |
| 8 Sa | 5:51 | 18:18 | 11:44 | | 8 Di | 9:35 | 21:54 | 2:55 | 15:29 |
| 9 So | 7:13 | 19:45 | 0:33 | 13:11 | 9 Mi | 10:56 | 23:03 | 4:32 | 16:54 |
| 10 Mo | 8:48 | 21:13 | 2:15 | 14:51 | 10 Do | 11:50 | 23:50 | 5:40 | 17:53 |
| 11 Di | 10:11 | 22:23 | 3:53 | 16:18 | 11 Fr | | 12:27 | 6:22 | 18:36 |
| 12 Mi | 11:13 | 23:14 | 5:05 | 17:21 | 12 Sa | 0:27 | 13:00 | 6:57 | 19:13 |
| 13 Do | 11:58 | 23:56 | 5:55 | 18:08 | 13 So ○ | 1:02 | 13:31 | 7:31 | 19:48 |
| 14 Fr ○ | | 12:35 | 6:32 | 18:47 | 14 Mo | 1:35 | 13:57 | 8:02 | 20:16 |
| 15 Sa | 0:32 | 13:05 | 7:05 | 19:19 | 15 Di | 2:05 | 14:20 | 8:30 | 20:40 |
| 16 So | 1:03 | 13:30 | 7:34 | 19:45 | 16 Mi | 2:34 | 14:45 | 8:56 | 21:06 |
| 17 Mo | 1:31 | 13:53 | 8:03 | 20:09 | 17 Do | 3:04 | 15:12 | 9:18 | 21:31 |
| 18 Di | 2:00 | 14:18 | 8:28 | 20:35 | 18 Fr | 3:35 | 15:40 | 9:37 | 21:53 |
| 19 Mi | 2:29 | 14:44 | 8:50 | 20:57 | 19 Sa | 4:06 | 16:09 | 9:57 | 22:15 |
| 20 Do | 2:58 | 15:08 | 9:07 | 21:13 | 20 So | 4:41 | 16:46 | 10:21 | 22:50 |
| 21 Fr | 3:24 | 15:31 | 9:18 | 21:28 | 21 Mo ● | 5:31 | 17:44 | 11:06 | 23:55 |
| 22 Sa ● | 3:53 | 16:04 | 9:35 | 22:02 | 22 Di | 6:44 | 19:05 | | 12:26 |
| 23 So | 4:44 | 17:07 | 10:25 | 23:14 | 23 Mi | 8:15 | 20:36 | 1:27 | 14:08 |
| 24 Mo | 6:05 | 18:38 | 11:57 | | 24 Do | 9:42 | 21:55 | 3:08 | 15:43 |
| 25 Di | 7:44 | 20:15 | 0:59 | 13:48 | 25 Fr | 10:51 | 22:57 | 4:33 | 16:57 |
| 26 Mi | 9:15 | 21:34 | 2:47 | 15:25 | 26 Sa | 11:45 | 23:49 | 5:39 | 17:58 |
| 27 Do | 10:25 | 22:33 | 4:13 | 16:38 | 27 So ● | | 12:33 | 6:31 | 18:51 |
| 28 Fr | 11:19 | 23:20 | 5:15 | 17:35 | 28 Mo | 0:39 | 13:15 | 7:17 | 19:37 |
| 29 Sa ● | | 12:04 | 6:04 | 18:23 | 29 Di | 1:28 | 13:56 | 8:01 | 20:22 |
| 30 So | 0:05 | 13:45 | 7:49 | 20:07 | 30 Mi | 2:16 | 14:37 | 8:43 | 21:06 |
| 31 Mo | 1:49 | 14:25 | 8:32 | 20:50 | | | | | |

● Neumond ● erstes Viertel ○ Vollmond ● letztes Viertel

Ab 30.03. 3 Uhr Mitteleuropäische Sommerzeit

Bensersiel 2025

Breite: 53° 40' N, Länge: 7° 35' E

| Tag | Mai | | | | Tag | Juni | | | |
|---------------|-----------|-------|-----------|-------|--------------|-----------|-------|-----------|-------|
| | HW - Zeit | | NW - Zeit | | | HW - Zeit | | NW - Zeit | |
| 1 Do | 3:06 | 15:19 | 9:23 | 21:45 | 1 So | 4:34 | 16:30 | 10:20 | 22:54 |
| 2 Fr | 3:55 | 16:01 | 9:58 | 22:21 | 2 Mo | 5:21 | 17:18 | 11:00 | 23:42 |
| 3 Sa | 4:43 | 16:44 | 10:30 | 23:02 | 3 Di ☉ | 6:12 | 18:12 | 11:50 | |
| 4 So ☉ | 5:33 | 17:35 | 11:10 | 23:54 | 4 Mi | 7:08 | 19:12 | 0:36 | 12:51 |
| 5 Mo | 6:33 | 18:39 | | 12:08 | 5 Do | 8:10 | 20:18 | 1:37 | 13:58 |
| 6 Di | 7:44 | 19:55 | 1:01 | 13:26 | 6 Fr | 9:11 | 21:22 | 2:42 | 15:04 |
| 7 Mi | 9:03 | 21:15 | 2:24 | 14:52 | 7 Sa | 10:05 | 22:18 | 3:43 | 16:03 |
| 8 Do | 10:15 | 22:23 | 3:48 | 16:09 | 8 So | 10:50 | 23:06 | 4:34 | 16:57 |
| 9 Fr | 11:07 | 23:10 | 4:52 | 17:06 | 9 Mo | 11:32 | 23:51 | 5:19 | 17:47 |
| 10 Sa | 11:43 | 23:49 | 5:34 | 17:50 | 10 Di | | 12:15 | 6:07 | 18:34 |
| 11 So | | 12:16 | 6:10 | 18:31 | 11 Mi ☉ | 0:36 | 12:55 | 6:52 | 19:15 |
| 12 Mo ☉ | 0:27 | 12:52 | 6:50 | 19:11 | 12 Do | 1:16 | 13:29 | 7:28 | 19:51 |
| 13 Di | 1:05 | 13:24 | 7:27 | 19:45 | 13 Fr | 1:53 | 14:02 | 8:00 | 20:25 |
| 14 Mi | 1:39 | 13:51 | 7:58 | 20:14 | 14 Sa | 2:32 | 14:37 | 8:32 | 21:01 |
| 15 Do | 2:11 | 14:19 | 8:25 | 20:42 | 15 So | 3:12 | 15:14 | 9:05 | 21:38 |
| 16 Fr | 2:44 | 14:50 | 8:50 | 21:12 | 16 Mo | 3:54 | 15:54 | 9:41 | 22:18 |
| 17 Sa | 3:20 | 15:23 | 9:16 | 21:43 | 17 Di | 4:39 | 16:38 | 10:24 | 23:01 |
| 18 So | 3:59 | 16:00 | 9:46 | 22:15 | 18 Mi ☉ | 5:26 | 17:26 | 11:08 | 23:48 |
| 19 Mo | 4:41 | 16:42 | 10:21 | 22:56 | 19 Do | 6:17 | 18:20 | 11:54 | |
| 20 Di ☉ | 5:30 | 17:34 | 11:05 | 23:51 | 20 Fr | 7:14 | 19:23 | 0:40 | 12:53 |
| 21 Mi | 6:32 | 18:42 | | 12:06 | 21 Sa | 8:18 | 20:33 | 1:43 | 14:08 |
| 22 Do | 7:45 | 19:59 | 1:03 | 13:27 | 22 So | 9:24 | 21:43 | 2:54 | 15:28 |
| 23 Fr | 9:01 | 21:13 | 2:24 | 14:53 | 23 Mo | 10:27 | 22:52 | 4:08 | 16:45 |
| 24 Sa | 10:08 | 22:18 | 3:43 | 16:10 | 24 Di | 11:27 | 23:58 | 5:18 | 17:56 |
| 25 So | 11:05 | 23:17 | 4:52 | 17:17 | 25 Mi ● | | 12:24 | 6:20 | 18:57 |
| 26 Mo | 11:57 | | 5:52 | 18:18 | 26 Do | 1:01 | 13:15 | 7:15 | 19:48 |
| 27 Di ● | 0:15 | 12:46 | 6:45 | 19:12 | 27 Fr | 1:56 | 14:02 | 8:05 | 20:36 |
| 28 Mi | 1:11 | 13:31 | 7:33 | 20:00 | 28 Sa | 2:47 | 14:47 | 8:50 | 21:23 |
| 29 Do | 2:03 | 14:15 | 8:19 | 20:47 | 29 So | 3:35 | 15:30 | 9:31 | 22:04 |
| 30 Fr | 2:56 | 15:00 | 9:03 | 21:33 | 30 Mo | 4:18 | 16:11 | 10:08 | 22:40 |
| 31 Sa | 3:47 | 15:45 | 9:43 | 22:13 | | | | | |

● Neumond ● erstes Viertel ○ Vollmond ● letztes Viertel

Mitteleuropäische Sommerzeit

Bensersiel 2025

Breite: 53° 40' N, Länge: 7° 35' E

| Tag | Juli | | | | Tag | August | | | |
|--------------|-----------|-------|-----------|-------|----------------|-----------|-------|-----------|-------|
| | HW - Zeit | | NW - Zeit | | | HW - Zeit | | NW - Zeit | |
| 1 Di | 4:57 | 16:53 | 10:45 | 23:18 | 1 Fr ☉ | 5:28 | 17:32 | 11:21 | 23:38 |
| 2 Mi ☉ | 5:38 | 17:37 | 11:25 | 23:58 | 2 Sa | 5:59 | 18:09 | 11:51 | |
| 3 Do | 6:21 | 18:22 | | 12:08 | 3 So | 6:39 | 19:03 | 0:09 | 12:34 |
| 4 Fr | 7:05 | 19:12 | 0:37 | 12:54 | 4 Mo | 7:39 | 20:17 | 1:04 | 13:42 |
| 5 Sa | 7:55 | 20:12 | 1:24 | 13:48 | 5 Di | 8:56 | 21:38 | 2:22 | 15:08 |
| 6 So | 8:53 | 21:18 | 2:23 | 14:52 | 6 Mi | 10:12 | 22:50 | 3:46 | 16:31 |
| 7 Mo | 9:53 | 22:21 | 3:27 | 16:01 | 7 Do | 11:16 | 23:50 | 4:59 | 17:38 |
| 8 Di | 10:51 | 23:19 | 4:29 | 17:06 | 8 Fr | | 12:08 | 6:01 | 18:31 |
| 9 Mi | 11:44 | | 5:28 | 18:02 | 9 Sa ☉ | 0:41 | 12:50 | 6:52 | 19:17 |
| 10 Do ☉ | 0:11 | 12:31 | 6:22 | 18:50 | 10 So | 1:25 | 13:30 | 7:36 | 20:02 |
| 11 Fr | 0:57 | 13:11 | 7:07 | 19:33 | 11 Mo | 2:07 | 14:09 | 8:17 | 20:45 |
| 12 Sa | 1:40 | 13:48 | 7:46 | 20:14 | 12 Di | 2:48 | 14:48 | 8:54 | 21:25 |
| 13 So | 2:22 | 14:26 | 8:24 | 20:55 | 13 Mi | 3:27 | 15:27 | 9:30 | 22:02 |
| 14 Mo | 3:04 | 15:04 | 9:01 | 21:35 | 14 Do | 4:05 | 16:07 | 10:07 | 22:38 |
| 15 Di | 3:45 | 15:43 | 9:38 | 22:15 | 15 Fr | 4:44 | 16:51 | 10:48 | 23:13 |
| 16 Mi | 4:27 | 16:26 | 10:20 | 22:56 | 16 Sa ☉ | 5:23 | 17:37 | 11:27 | 23:50 |
| 17 Do | 5:11 | 17:11 | 11:04 | 23:36 | 17 So | 6:07 | 18:33 | | 12:09 |
| 18 Fr ☉ | 5:53 | 17:58 | 11:43 | | 18 Mo | 7:06 | 19:46 | 0:40 | 13:14 |
| 19 Sa | 6:40 | 18:54 | 0:16 | 12:28 | 19 Di | 8:24 | 21:15 | 1:53 | 14:47 |
| 20 So | 7:38 | 20:03 | 1:07 | 13:35 | 20 Mi | 9:47 | 22:41 | 3:24 | 16:24 |
| 21 Mo | 8:48 | 21:22 | 2:16 | 15:01 | 21 Do | 11:02 | 23:53 | 4:52 | 17:45 |
| 22 Di | 10:01 | 22:40 | 3:38 | 16:28 | 22 Fr | | 12:03 | 6:04 | 18:46 |
| 23 Mi | 11:09 | 23:52 | 4:58 | 17:46 | 23 Sa ● | 0:51 | 12:54 | 6:59 | 19:33 |
| 24 Do ● | | 12:11 | 6:08 | 18:51 | 24 So | 1:38 | 13:38 | 7:45 | 20:11 |
| 25 Fr | 0:57 | 13:06 | 7:07 | 19:43 | 25 Mo | 2:17 | 14:13 | 8:22 | 20:44 |
| 26 Sa | 1:51 | 13:52 | 7:57 | 20:27 | 26 Di | 2:48 | 14:45 | 8:53 | 21:15 |
| 27 So | 2:37 | 14:33 | 8:40 | 21:09 | 27 Mi | 3:16 | 15:16 | 9:21 | 21:41 |
| 28 Mo | 3:16 | 15:10 | 9:16 | 21:44 | 28 Do | 3:43 | 15:47 | 9:48 | 22:05 |
| 29 Di | 3:51 | 15:46 | 9:49 | 22:14 | 29 Fr | 4:10 | 16:18 | 10:15 | 22:28 |
| 30 Mi | 4:23 | 16:22 | 10:20 | 22:43 | 30 Sa | 4:36 | 16:47 | 10:37 | 22:47 |
| 31 Do | 4:56 | 16:58 | 10:52 | 23:12 | 31 So ☉ | 5:02 | 17:17 | 10:59 | 23:10 |

● Neumond ● erstes Viertel ○ Vollmond ● letztes Viertel

Mitteleuropäische Sommerzeit

Bensersiel 2025

Breite: 53° 40' N, Länge: 7° 35' E

| Tag | September | | | | Tag | Oktober | | | |
|----------------|-----------|-------|-----------|-------|--------------|-----------|-------|-----------|-------|
| | HW - Zeit | | NW - Zeit | | | HW - Zeit | | NW - Zeit | |
| 1 Mo | 5:35 | 18:06 | 11:35 | 23:59 | 1 Mi | 5:48 | 18:43 | | 12:03 |
| 2 Di | 6:35 | 19:23 | | 12:44 | 2 Do | 7:14 | 20:17 | 0:39 | 13:40 |
| 3 Mi | 8:01 | 20:56 | 1:25 | 14:20 | 3 Fr | 8:50 | 21:48 | 2:25 | 15:22 |
| 4 Do | 9:33 | 22:22 | 3:06 | 15:58 | 4 Sa | 10:10 | 22:58 | 4:00 | 16:45 |
| 5 Fr | 10:47 | 23:28 | 4:34 | 17:16 | 5 So | 11:07 | 23:49 | 5:09 | 17:43 |
| 6 Sa | 11:41 | | 5:40 | 18:12 | 6 Mo | 11:52 | | 6:01 | 18:29 |
| 7 So ○ | 0:20 | 12:24 | 6:33 | 18:58 | 7 Di ○ | 0:33 | 12:34 | 6:47 | 19:13 |
| 8 Mo | 1:04 | 13:04 | 7:18 | 19:42 | 8 Mi | 1:13 | 13:18 | 7:30 | 19:55 |
| 9 Di | 1:44 | 13:45 | 7:58 | 20:25 | 9 Do | 1:52 | 14:02 | 8:11 | 20:36 |
| 10 Mi | 2:23 | 14:26 | 8:37 | 21:05 | 10 Fr | 2:30 | 14:48 | 8:52 | 21:14 |
| 11 Do | 3:01 | 15:07 | 9:13 | 21:41 | 11 Sa | 3:08 | 15:33 | 9:29 | 21:49 |
| 12 Fr | 3:37 | 15:48 | 9:48 | 22:13 | 12 So | 3:46 | 16:19 | 10:05 | 22:22 |
| 13 Sa | 4:13 | 16:31 | 10:25 | 22:45 | 13 Mo ☉ | 4:28 | 17:09 | 10:49 | 23:03 |
| 14 So ☉ | 4:52 | 17:20 | 11:06 | 23:23 | 14 Di | 5:18 | 18:11 | 11:43 | |
| 15 Mo | 5:39 | 18:20 | 11:53 | | 15 Mi | 6:24 | 19:29 | 0:02 | 12:55 |
| 16 Di | 6:43 | 19:39 | 0:19 | 13:03 | 16 Do | 7:47 | 20:59 | 1:25 | 14:29 |
| 17 Mi | 8:07 | 21:13 | 1:40 | 14:40 | 17 Fr | 9:17 | 22:23 | 3:01 | 16:07 |
| 18 Do | 9:38 | 22:42 | 3:17 | 16:23 | 18 Sa | 10:33 | 23:24 | 4:29 | 17:22 |
| 19 Fr | 10:55 | 23:48 | 4:48 | 17:42 | 19 So | 11:25 | | 5:31 | 18:06 |
| 20 Sa | 11:51 | | 5:55 | 18:34 | 20 Mo | 0:03 | 12:04 | 6:13 | 18:38 |
| 21 So ● | 0:35 | 12:34 | 6:42 | 19:12 | 21 Di ● | 0:34 | 12:40 | 6:47 | 19:09 |
| 22 Mo | 1:12 | 13:13 | 7:21 | 19:44 | 22 Mi | 1:06 | 13:16 | 7:21 | 19:40 |
| 23 Di | 1:45 | 13:46 | 7:55 | 20:14 | 23 Do | 1:35 | 13:48 | 7:53 | 20:09 |
| 24 Mi | 2:13 | 14:16 | 8:24 | 20:42 | 24 Fr | 2:01 | 14:17 | 8:20 | 20:35 |
| 25 Do | 2:37 | 14:45 | 8:50 | 21:08 | 25 Sa | 2:26 | 14:47 | 8:47 | 20:58 |
| 26 Fr | 3:01 | 15:14 | 9:16 | 21:30 | 26 So | 2:53 | 14:17 | 8:13 | 20:19 |
| 27 Sa | 3:27 | 15:43 | 9:41 | 21:50 | 27 Mo | 2:22 | 14:48 | 8:38 | 20:41 |
| 28 So | 3:52 | 16:11 | 10:02 | 22:08 | 28 Di | 2:52 | 15:24 | 9:04 | 21:10 |
| 29 Mo | 4:18 | 16:42 | 10:23 | 22:30 | 29 Mi ☉ | 3:29 | 16:10 | 9:40 | 21:53 |
| 30 Di ☉ | 4:52 | 17:28 | 10:58 | 23:15 | 30 Do | 4:21 | 17:15 | 10:40 | 23:04 |
| | | | | | 31 Fr | 5:35 | 18:39 | | 12:03 |

● Neumond ● erstes Viertel ○ Vollmond ● letztes Viertel

Bis 26.10. 3 Uhr Mitteleuropäische Sommerzeit

Bensersiel 2025

Breite: 53° 40' N, Länge: 7° 35' E

| Tag | November | | | | Tag | Dezember | | | |
|--------------|-----------|-------|-----------|-------|--------------|-----------|-------|-----------|-------|
| | HW - Zeit | | NW - Zeit | | | HW - Zeit | | NW - Zeit | |
| 1 Sa | 7:03 | 20:05 | 0:39 | 13:37 | 1 Mo | 7:30 | 20:23 | 1:14 | 14:02 |
| 2 So | 8:23 | 21:15 | 2:11 | 14:59 | 2 Di | 8:37 | 21:23 | 2:31 | 15:12 |
| 3 Mo | 9:24 | 22:09 | 3:23 | 16:02 | 3 Mi | 9:38 | 22:17 | 3:39 | 16:14 |
| 4 Di | 10:15 | 22:55 | 4:20 | 16:52 | 4 Do | 10:38 | 23:09 | 4:42 | 17:09 |
| 5 Mi ○ | 11:03 | 23:39 | 5:12 | 17:38 | 5 Fr ○ | 11:35 | 23:57 | 5:38 | 18:00 |
| 6 Do | 11:52 | | 6:00 | 18:23 | 6 Sa | | 12:29 | 6:29 | 18:48 |
| 7 Fr | 0:21 | 12:41 | 6:46 | 19:07 | 7 So | 0:43 | 13:23 | 7:20 | 19:37 |
| 8 Sa | 1:02 | 13:32 | 7:32 | 19:51 | 8 Mo | 1:29 | 14:17 | 8:11 | 20:23 |
| 9 So | 1:44 | 14:23 | 8:16 | 20:32 | 9 Di | 2:16 | 15:07 | 8:56 | 21:05 |
| 10 Mo | 2:27 | 15:12 | 8:57 | 21:10 | 10 Mi | 3:01 | 15:53 | 9:39 | 21:45 |
| 11 Di | 3:12 | 16:02 | 9:42 | 21:52 | 11 Do ● | 3:48 | 16:41 | 10:25 | 22:30 |
| 12 Mi ● | 4:03 | 17:00 | 10:36 | 22:47 | 12 Fr | 4:39 | 17:34 | 11:16 | 23:25 |
| 13 Do | 5:04 | 18:08 | 11:42 | | 13 Sa | 5:36 | 18:31 | | 12:11 |
| 14 Fr | 6:17 | 19:24 | 0:01 | 13:00 | 14 So | 6:40 | 19:32 | 0:28 | 13:13 |
| 15 Sa | 7:36 | 20:38 | 1:25 | 14:24 | 15 Mo | 7:47 | 20:31 | 1:35 | 14:18 |
| 16 So | 8:49 | 21:37 | 2:44 | 15:33 | 16 Di | 8:51 | 21:24 | 2:39 | 15:16 |
| 17 Mo | 9:45 | 22:18 | 3:45 | 16:19 | 17 Mi | 9:46 | 22:11 | 3:38 | 16:05 |
| 18 Di | 10:27 | 22:52 | 4:30 | 16:53 | 18 Do | 10:35 | 22:55 | 4:30 | 16:51 |
| 19 Mi | 11:06 | 23:28 | 5:08 | 17:30 | 19 Fr | 11:21 | 23:37 | 5:16 | 17:36 |
| 20 Do ● | 11:46 | | 5:47 | 18:06 | 20 Sa ● | | 12:02 | 5:58 | 18:14 |
| 21 Fr | 0:03 | 12:23 | 6:23 | 18:38 | 21 So | 0:13 | 12:40 | 6:36 | 18:48 |
| 22 Sa | 0:33 | 12:56 | 6:55 | 19:07 | 22 Mo | 0:46 | 13:17 | 7:12 | 19:22 |
| 23 So | 1:02 | 13:29 | 7:25 | 19:34 | 23 Di | 1:21 | 13:54 | 7:47 | 19:54 |
| 24 Mo | 1:33 | 14:02 | 7:56 | 20:00 | 24 Mi | 1:56 | 14:31 | 8:21 | 20:27 |
| 25 Di | 2:05 | 14:37 | 8:25 | 20:28 | 25 Do | 2:31 | 15:09 | 8:56 | 21:04 |
| 26 Mi | 2:40 | 15:16 | 8:57 | 21:03 | 26 Fr | 3:09 | 15:50 | 9:33 | 21:44 |
| 27 Do | 3:18 | 16:00 | 9:35 | 21:46 | 27 Sa ● | 3:51 | 16:34 | 10:14 | 22:23 |
| 28 Fr ● | 4:05 | 16:55 | 10:26 | 22:40 | 28 So | 4:37 | 17:24 | 11:00 | 23:12 |
| 29 Sa | 5:04 | 18:01 | 11:30 | 23:52 | 29 Mo | 5:33 | 18:24 | 11:55 | |
| 30 So | 6:15 | 19:14 | | 12:45 | 30 Di | 6:41 | 19:33 | 0:21 | 13:05 |
| | | | | | 31 Mi | 7:56 | 20:42 | 1:43 | 14:24 |

● Neumond ● erstes Viertel ○ Vollmond ● letztes Viertel

Mittleuropäische Zeit