

Bensersiel 2026

Breite: 53° 40' N, Länge: 7° 35' E

Tag	Januar				Tag	Februar			
	HW - Zeit		NW - Zeit			HW - Zeit		NW - Zeit	
1 Do	9:08	21:45	3:01	15:38	1 So ☉	11:28	23:38	5:23	17:45
2 Fr	10:20	22:48	4:18	16:48	2 Mo	12:26		6:21	18:39
3 Sa ☾	11:27	23:43	5:25	17:47	3 Di	0:28	13:14	7:09	19:25
4 So	12:26		6:21	18:40	4 Mi	1:11	13:55	7:53	20:06
5 Mo	0:33	13:19	7:13	19:30	5 Do	1:50	14:32	8:32	20:41
6 Di	1:20	14:09	8:03	20:17	6 Fr	2:28	15:05	9:05	21:11
7 Mi	2:05	14:54	8:48	20:56	7 Sa	3:03	15:35	9:33	21:37
8 Do	2:48	15:34	9:26	21:31	8 So	3:37	16:04	9:57	22:01
9 Fr	3:28	16:12	10:01	22:05	9 Mo ☾	4:09	16:31	10:17	22:24
10 Sa ☾	4:09	16:50	10:36	22:41	10 Di	4:42	17:05	10:41	23:01
11 So	4:51	17:29	11:11	23:21	11 Mi	5:31	18:00	11:30	
12 Mo	5:37	18:14	11:53		12 Do	6:45	19:20	0:07	12:50
13 Di	6:35	19:13	0:13	12:51	13 Fr	8:13	20:46	1:39	14:24
14 Mi	7:46	20:21	1:21	14:02	14 Sa	9:35	21:59	3:12	15:47
15 Do	8:59	21:28	2:37	15:14	15 So	10:40	22:53	4:27	16:51
16 Fr	10:04	22:26	3:49	16:17	16 Mo	11:30	23:36	5:22	17:43
17 Sa	10:58	23:14	4:49	17:12	17 Di ☾	12:12		6:06	18:27
18 So ☾	11:45	23:55	5:38	17:58	18 Mi	0:14	12:51	6:49	19:07
19 Mo	12:26		6:20	18:38	19 Do	0:52	13:28	7:30	19:44
20 Di	0:31	13:06	7:01	19:16	20 Fr	1:29	14:04	8:07	20:17
21 Mi	1:08	13:44	7:41	19:52	21 Sa	2:06	14:39	8:40	20:49
22 Do	1:44	14:21	8:17	20:25	22 So	2:43	15:13	9:12	21:23
23 Fr	2:20	14:57	8:51	21:00	23 Mo	3:21	15:48	9:41	21:53
24 Sa	2:56	15:34	9:25	21:37	24 Di ☾	4:02	16:25	10:09	22:24
25 So	3:36	16:12	9:59	22:08	25 Mi	4:49	17:15	10:47	23:16
26 Mo ☾	4:17	16:51	10:32	22:42	26 Do	5:54	18:27	11:53	
27 Di	5:04	17:42	11:14	23:37	27 Fr	7:21	19:56	0:42	13:26
28 Mi	6:07	18:51	12:20		28 Sa	8:56	21:22	2:29	15:07
29 Do	7:29	20:11	1:01	13:46					
30 Fr	8:57	21:29	2:38	15:18					
31 Sa	10:18	22:38	4:09	16:39					

● Neumond

● erstes Viertel

○ Vollmond

● letztes Viertel

Mitteuropäische Zeit

Bensersiel 2026

Breite: 53° 40' N, Länge: 7° 35' E

Tag	März				Tag	April			
	HW - Zeit		NW - Zeit			HW - Zeit		NW - Zeit	
1 So	10:20	22:32	4:06	16:33	1 Mi	0:09	12:51	6:52	19:07
2 Mo	11:25	23:29	5:21	17:40	2 Do ☾	0:52	13:28	7:29	19:44
3 Di ☾		12:17	6:15	18:31	3 Fr	1:29	13:58	8:02	20:16
4 Mi	0:15	12:58	6:57	19:11	4 Sa	2:02	14:24	8:31	20:43
5 Do	0:54	13:30	7:32	19:45	5 So	2:34	14:50	8:59	21:10
6 Fr	1:28	13:59	8:05	20:15	6 Mo	3:07	15:18	9:24	21:37
7 Sa	2:01	14:27	8:35	20:42	7 Di	3:38	15:45	9:44	21:59
8 So	2:34	14:55	9:00	21:07	8 Mi	4:08	16:10	9:59	22:17
9 Mo	3:06	15:21	9:20	21:27	9 Do	4:38	16:40	10:14	22:41
10 Di	3:34	15:44	9:33	21:42	10 Fr ☾	5:18	17:28	10:48	23:33
11 Mi ☾	4:02	16:12	9:48	22:09	11 Sa	6:21	18:43	11:58	
12 Do	4:44	17:03	10:27	23:09	12 So	7:48	20:16	0:59	13:39
13 Fr	5:55	18:25	11:46		13 Mo	9:20	21:41	2:41	15:19
14 Sa	7:29	20:02	0:45	13:32	14 Di	10:34	22:43	4:10	16:37
15 So	9:02	21:25	2:30	15:09	15 Mi	11:27	23:31	5:16	17:35
16 Mo	10:14	22:25	3:57	16:22	16 Do		12:12	6:06	18:26
17 Di	11:06	23:09	4:58	17:16	17 Fr ☾	0:16	12:53	6:51	19:12
18 Mi	11:48	23:49	5:44	18:03	18 Sa	1:00	13:31	7:33	19:55
19 Do ☾		12:26	6:25	18:45	19 So	1:44	14:09	8:13	20:36
20 Fr	0:28	13:03	7:06	19:23	20 Mo	2:29	14:48	8:53	21:15
21 Sa	1:08	13:39	7:45	19:59	21 Di	3:15	15:28	9:31	21:54
22 So	1:48	14:14	8:20	20:32	22 Mi	4:01	16:10	10:06	22:35
23 Mo	2:28	14:49	8:52	21:06	23 Do	4:51	16:58	10:42	23:21
24 Di	3:09	15:26	9:22	21:41	24 Fr ☾	5:48	17:56	11:29	
25 Mi ☾	3:54	16:07	9:52	22:19	25 Sa	6:57	19:08	0:19	12:36
26 Do	4:46	17:01	10:33	23:13	26 So	8:18	20:32	1:37	14:04
27 Fr	5:55	18:16	11:41		27 Mo	9:41	21:52	3:09	15:35
28 Sa	7:22	19:47	0:39	13:16	28 Di	10:49	22:54	4:32	16:50
29 So	9:56	22:13	3:24	15:56	29 Mi	11:37	23:39	5:30	17:44
30 Mo	11:14	23:20	4:59	17:20	30 Do		12:14	6:11	18:28
31 Di		12:09	6:06	18:20					

● Neumond ● erstes Viertel ○ Vollmond ● letztes Viertel

Ab 29.03. 3 Uhr Mitteleuropäische Sommerzeit

Bensersiel 2026

Breite: 53° 40' N, Länge: 7° 35' E

Tag	Mai				Tag	Juni			
	HW - Zeit		NW - Zeit			HW - Zeit		NW - Zeit	
1 Fr ○	0:20	12:50	6:48	19:08	1 Mo	1:14	13:28	7:24	19:47
2 Sa	1:00	13:24	7:24	19:43	2 Di	1:51	13:58	7:55	20:19
3 So	1:37	13:53	7:55	20:13	3 Mi	2:27	14:30	8:24	20:51
4 Mo	2:10	14:20	8:24	20:42	4 Do	3:02	15:03	8:52	21:22
5 Di	2:44	14:49	8:50	21:11	5 Fr	3:37	15:36	9:20	21:54
6 Mi	3:17	15:19	9:13	21:37	6 Sa	4:15	16:13	9:52	22:29
7 Do	3:50	15:50	9:34	22:02	7 So	4:56	16:55	10:30	23:09
8 Fr	4:25	16:24	9:58	22:32	8 Mo ●	5:42	17:45	11:14	23:59
9 Sa ●	5:05	17:09	10:32	23:16	9 Di	6:35	18:44		12:10
10 So	5:59	18:11	11:29		10 Mi	7:37	19:50	0:58	13:19
11 Mo	7:10	19:28	0:24	12:50	11 Do	8:42	20:58	2:07	14:35
12 Di	8:29	20:46	1:48	14:20	12 Fr	9:45	22:03	3:18	15:50
13 Mi	9:40	21:51	3:10	15:38	13 Sa	10:45	23:08	4:29	17:03
14 Do	10:38	22:46	4:19	16:43	14 So	11:44		5:35	18:10
15 Fr	11:28	23:39	5:18	17:42	15 Mo ●	0:12	12:38	6:34	19:08
16 Sa ●		12:16	6:11	18:38	16 Di	1:12	13:27	7:25	20:01
17 So	0:33	13:01	6:59	19:28	17 Mi	2:07	14:15	8:16	20:53
18 Mo	1:23	13:43	7:44	20:15	18 Do	3:02	15:05	9:06	21:42
19 Di	2:14	14:28	8:30	21:02	19 Fr	3:55	15:54	9:52	22:27
20 Mi	3:06	15:14	9:15	21:47	20 Sa	4:44	16:42	10:34	23:12
21 Do	3:58	16:02	9:57	22:32	21 So ●	5:32	17:31	11:17	23:59
22 Fr	4:50	16:52	10:39	23:22	22 Mo	6:23	18:23		12:05
23 Sa ●	5:46	17:49	11:27		23 Di	7:14	19:17	0:45	12:57
24 So	6:49	18:52	0:18	12:27	24 Mi	8:07	20:18	1:35	13:56
25 Mo	7:56	20:02	1:21	13:39	25 Do	9:03	21:22	2:32	14:58
26 Di	9:04	21:13	2:31	14:54	26 Fr	10:00	22:23	3:33	16:01
27 Mi	10:05	22:14	3:40	16:01	27 Sa	10:52	23:18	4:31	17:01
28 Do	10:53	23:03	4:36	16:55	28 So	11:41		5:26	17:56
29 Fr	11:33	23:47	5:20	17:43	29 Mo	0:08	12:27	6:17	18:45
30 Sa		12:13	6:04	18:29	30 Di ○	0:55	13:07	7:00	19:26
31 So ○	0:32	12:53	6:47	19:11					

● Neumond ● erstes Viertel ○ Vollmond ● letztes Viertel

Mitteleuropäische Sommerzeit

Bensersiel 2026

Breite: 53° 40' N, Länge: 7° 35' E

Tag	Juli				Tag	August			
	HW - Zeit		NW - Zeit			HW - Zeit		NW - Zeit	
1 Mi	1:36	13:42	7:37	20:04	1 Sa	2:34	14:33	8:32	21:02
2 Do	2:13	14:16	8:10	20:40	2 So	3:08	15:06	9:02	21:33
3 Fr	2:50	14:49	8:42	21:13	3 Mo	3:41	15:41	9:34	22:07
4 Sa	3:25	15:23	9:12	21:46	4 Di	4:16	16:19	10:11	22:43
5 So	4:01	15:59	9:47	22:22	5 Mi	4:53	16:58	10:45	23:14
6 Mo	4:40	16:39	10:25	23:01	6 Do	5:29	17:40	11:14	23:47
7 Di	5:21	17:21	11:01	23:37	7 Fr	6:11	18:35	11:57	
8 Mi	6:02	18:07	11:37		8 Sa	7:12	19:51	0:39	13:10
9 Do	6:50	19:04	0:18	12:29	9 So	8:30	21:20	1:57	14:47
10 Fr	7:50	20:15	1:14	13:42	10 Mo	9:53	22:46	3:30	16:26
11 Sa	9:00	21:33	2:28	15:09	11 Di	11:09		4:59	17:50
12 So	10:12	22:50	3:51	16:35	12 Mi	0:01	12:15	6:14	18:57
13 Mo	11:21		5:11	17:53	13 Do	1:04	13:10	7:13	19:49
14 Di	0:03	12:24	6:20	18:59	14 Fr	1:55	13:55	8:02	20:34
15 Mi	1:08	13:18	7:17	19:54	15 Sa	2:38	14:36	8:44	21:14
16 Do	2:04	14:07	8:09	20:45	16 So	3:16	15:14	9:22	21:48
17 Fr	2:55	14:54	8:58	21:33	17 Mo	3:50	15:51	9:54	22:18
18 Sa	3:42	15:39	9:42	22:13	18 Di	4:22	16:27	10:24	22:44
19 So	4:24	16:21	10:20	22:50	19 Mi	4:53	17:00	10:51	23:08
20 Mo	5:03	17:02	10:55	23:25	20 Do	5:22	17:35	11:17	23:32
21 Di	5:41	17:43	11:30	23:58	21 Fr	5:55	18:20	11:51	
22 Mi	6:19	18:25		12:06	22 Sa	6:47	19:29	0:14	12:52
23 Do	7:00	19:17	0:32	12:50	23 So	8:03	20:57	1:28	14:19
24 Fr	7:54	20:25	1:20	13:52	24 Mo	9:31	22:23	3:02	15:53
25 Sa	9:02	21:41	2:30	15:09	25 Di	10:47	23:29	4:28	17:10
26 So	10:13	22:51	3:46	16:26	26 Mi	11:41		5:32	18:06
27 Mo	11:14	23:49	4:56	17:32	27 Do	0:17	12:23	6:21	18:50
28 Di		12:05	5:54	18:25	28 Fr	0:58	13:00	7:03	19:30
29 Mi	0:38	12:47	6:42	19:10	29 Sa	1:35	13:36	7:41	20:09
30 Do	1:20	13:25	7:23	19:50	30 So	2:09	14:11	8:15	20:43
31 Fr	1:58	14:00	7:59	20:28	31 Mo	2:42	14:45	8:45	21:13

● Neumond ● erstes Viertel ○ Vollmond ● letztes Viertel

Mitteleuropäische Sommerzeit

Bensersiel 2026

Breite: 53° 40' N, Länge: 7° 35' E

Tag	September				Tag	Oktober			
	HW - Zeit		NW - Zeit			HW - Zeit		NW - Zeit	
1 Di	3:14	15:20	9:15	21:44	1 Do	3:16	15:38	9:31	21:53
2 Mi	3:46	15:57	9:50	22:18	2 Fr	3:53	16:23	10:11	22:29
3 Do	4:21	16:37	10:26	22:50	3 Sa ☉	4:35	17:14	10:55	23:12
4 Fr ☉	4:59	17:23	11:00	23:25		4 So	5:28	18:19	11:50
5 Sa	5:44	18:22	11:46		5 Mo	6:38	19:42	0:13	13:08
6 So	6:49	19:43	0:20	13:02	6 Di	8:05	21:15	1:41	14:49
7 Mo	8:15	21:18	1:44	14:46	7 Mi	9:35	22:39	3:20	16:27
8 Di	9:45	22:46	3:24	16:29	8 Do	10:48	23:39	4:47	17:40
9 Mi	11:02	23:56	4:55	17:51	9 Fr	11:42		5:50	18:28
10 Do		12:02	6:07	18:50	10 Sa ●	0:22	12:26	6:37	19:05
11 Fr ●	0:50	12:52	7:02	19:35	11 So	1:00	13:06	7:16	19:38
12 Sa	1:33	13:34	7:45	20:11	12 Mo	1:34	13:42	7:50	20:08
13 So	2:09	14:10	8:21	20:44	13 Di	2:03	14:16	8:20	20:37
14 Mo	2:40	14:44	8:53	21:14	14 Mi	2:31	14:49	8:49	21:03
15 Di	3:10	15:18	9:22	21:40	15 Do	3:00	15:22	9:17	21:26
16 Mi	3:39	15:51	9:49	22:03	16 Fr	3:29	15:53	9:43	21:46
17 Do	4:06	16:22	10:13	22:22	17 Sa	3:56	16:25	10:06	22:08
18 Fr ☉	4:32	16:54	10:36	22:43	18 So ☉	4:28	17:05	10:36	22:44
19 Sa	5:03	17:35	11:06	23:20	19 Mo	5:14	18:04	11:26	23:49
20 So	5:52	18:41		12:02	20 Di	6:23	19:25		12:46
21 Mo	7:09	20:12	0:33	13:31	21 Mi	7:51	20:54	1:23	14:22
22 Di	8:44	21:45	2:14	15:13	22 Do	9:16	22:08	3:01	15:48
23 Mi	10:09	22:57	3:51	16:38	23 Fr	10:19	23:00	4:15	16:50
24 Do	11:08	23:46	5:02	17:36	24 Sa	11:04	23:41	5:08	17:36
25 Fr	11:49		5:51	18:19	25 So	10:46	23:20	4:53	17:18
26 Sa ☉	0:24	12:26	6:33	18:58	26 Mo ☉	11:30	23:59	5:38	17:59
27 So	1:01	13:05	7:13	19:37	27 Di		12:13	6:20	18:40
28 Mo	1:36	13:43	7:50	20:13	28 Mi	0:36	12:57	7:00	19:20
29 Di	2:10	14:21	8:23	20:47	29 Do	1:14	13:42	7:40	19:59
30 Mi	2:43	14:59	8:56	21:19	30 Fr	1:53	14:28	8:20	20:37
					31 Sa	2:35	15:17	9:04	21:17

● Neumond ☉ erstes Viertel ☽ Vollmond ● letztes Viertel

Bis 25.10. 3 Uhr Mitteleuropäische Sommerzeit

Bensersiel 2026

Breite: 53° 40' N, Länge: 7° 35' E

Tag	November				Tag	Dezember			
	HW - Zeit		NW - Zeit			HW - Zeit		NW - Zeit	
1 So ●	3:23	16:12	9:55	22:05	1 Di ●	4:12	17:09	10:52	22:58
2 Mo	4:19	17:18	10:55	23:09	2 Mi	5:12	18:12	11:53	
3 Di	5:28	18:35		12:09	3 Do	6:18	19:19	0:05	12:59
4 Mi	6:49	19:58	0:31	13:36	4 Fr	7:30	20:24	1:19	14:09
5 Do	8:12	21:12	2:01	15:01	5 Sa	8:38	21:20	2:31	15:12
6 Fr	9:21	22:07	3:20	16:06	6 So	9:36	22:07	3:31	16:03
7 Sa	10:12	22:46	4:18	16:49	7 Mo	10:25	22:49	4:22	16:48
8 So	10:55	23:23	5:01	17:26	8 Di	11:12	23:31	5:08	17:31
9 Mo ●	11:37	23:59	5:41	18:02	9 Mi ●	11:56		5:51	18:10
10 Di		12:16	6:17	18:35	10 Do	0:08	12:35	6:29	18:44
11 Mi	0:32	12:52	6:51	19:05	11 Fr	0:41	13:11	7:05	19:16
12 Do	1:01	13:26	7:23	19:34	12 Sa	1:14	13:47	7:39	19:47
13 Fr	1:32	14:00	7:54	20:00	13 So	1:47	14:20	8:10	20:14
14 Sa	2:03	14:33	8:21	20:24	14 Mo	2:19	14:53	8:39	20:44
15 So	2:33	15:06	8:48	20:51	15 Di	2:52	15:29	9:10	21:19
16 Mo	3:06	15:45	9:19	21:27	16 Mi	3:29	16:10	9:48	21:59
17 Di ●	3:48	16:35	10:03	22:20	17 Do ●	4:13	16:57	10:32	22:46
18 Mi	4:44	17:39	11:06	23:33	18 Fr	5:04	17:52	11:25	23:47
19 Do	5:55	18:53		12:23	19 Sa	6:06	18:56		12:28
20 Fr	7:10	20:04	0:56	13:41	20 So	7:15	20:02	0:59	13:39
21 Sa	8:18	21:02	2:12	14:47	21 Mo	8:25	21:06	2:14	14:52
22 So	9:13	21:52	3:13	15:44	22 Di	9:33	22:07	3:26	16:01
23 Mo	10:05	22:40	4:08	16:36	23 Mi	10:38	23:04	4:35	17:03
24 Di ○	10:59	23:26	5:03	17:26	24 Do ○	11:39	23:55	5:36	17:56
25 Mi	11:50		5:53	18:12	25 Fr		12:35	6:30	18:48
26 Do	0:10	12:40	6:41	18:59	26 Sa	0:43	13:29	7:24	19:42
27 Fr	0:54	13:32	7:29	19:47	27 So	1:34	14:24	8:18	20:32
28 Sa	1:40	14:25	8:17	20:32	28 Mo	2:23	15:15	9:07	21:16
29 So	2:28	15:18	9:05	21:16	29 Di	3:11	16:01	9:52	21:56
30 Mo	3:17	16:11	9:56	22:02	30 Mi ●	3:58	16:47	10:36	22:38
					31 Do	4:46	17:34	11:20	23:24

● Neumond

● erstes Viertel

○ Vollmond

● letztes Viertel

Mitteuropäische Zeit